Trading 2017\_2\_27

Monday, February 27, 2017

Got sold off at the open, might be news lurking. Light trading.

Pretty big weekend risk on the colored metals.

Very weak market. Hard to get out of existing pos.

F10 -, after a brief rebound then sold off. Wines sold, ship sold.

This shows that not much position can be taken on Fridays. The strength makes sense. Rebound strength of tue/wed is better than thurs/fri. Monday is volatile based on sentiment. Thurs rebound weak due to opportunity cost, fri rebound weak due to weekend risk. Weekend there is unpredictability on the news front and positions are hard to trade on Mondays. That leaves tues/wed as the only fully tradable days.

As of 1016, more than half of the sectors are in the red.

Towards noon more sectors are positive. With that weak opening hard to sustain this prenoon rally.

Monitor sizable inflow at open.

1400 most sectors down. No buying today.

Wednesday, March 01, 2017

Sidenote: Without the need to judge anything/anyone, look solely from an individual's perspective what you are getting and you are putting in, evaluate that input/output ratio and determine whether that is a good investment of your time. Possible inputs include monetary resources, time, emotions. Output includes utility changes in various forms. Examine if the current situation offers a good return ratio. Nothing deserves the benefit of the doubt, be skeptical. The approach used to be guessing what the unknown parameters are, and this is not an effective way. Look for signs of negative emotions, obsession, etc, disappointment, mood swings, norepinephrine rushes, these are bad signs and indicate that it is a negative situation.